



Seniors on the Green

37 R West Town St. Lebanon Ct. 06249

Cover page	1
Senior Ctr Services	2
Seniors Tag Sale	3
A Gift for the Family	4
Funnies	5
Tribute Page	6
Yankees vs Red Sox	7
Tag Sale Report	8
Big E travel	9
Travel Plans	10
Wellness Trips	11
Calendar	12



May 2016

Senior Van Wellness Trips

5/13 Ringling Bros Circus

XL center, Hartford

5/20 Groton Sub Museum

Lunch at Seehund

German pub, N.London



Lunch Menu:

5/3 Lataille's soups

5/10 Chicken

5/17 DaLonne lunch

5/24 Baked Ziti

5/31 Lunch BBQ



Senior Center Hours:

Mon - Thurs: 9-4pm

Friday: 9-4pm

Helpful Numbers: Lebanon Senior Ctr. 860-642-3040

Senior Center Director: Darcy Battye 860-642-2042

Van Coordinator: Jeryl Bates 860-642-2024

Transportation Clerk: Walter Riley 860-642-2024

Honorary Donations

A gift to the Friends of the Senior Center in honor of or in memory of a loved one will assist the center in serving other seniors today and throughout the coming years.

Such gifts will be very much appreciated and should be made out and sent to:

Friends of Lebanon Senior Center

37R West Town St.

Lebanon Ct. 06249

A special acknowledgement will be sent as you direct:

_____ Birthday I am enclosing \$ _____

_____ Anniversary In (Honor or Memory of)

_____ Memorial

Name _____

_____ In honor of Donor's Name _____

Massage with Sue McCaffery

Please contact the senior center to schedule your appointments by calling: 860-642-3040.

The price is \$15.00 for 25 minutes and \$30.00 for 50 minutes.

Did you know we have assorted assisted living devices for loan? We have canes, walkers, bath chairs, wheel chairs and a hospital bed. We offer hearing screening, podiatry appointments and VNA visits.

Please call the senior center at 860-642-3040 for more information.

If you are aware of someone who is ill or has been ill, please let us know.

There is a sign-up sheet at the main desk of the senior center where you can add someone's name.

Darlene Hathaway has taken charge of sending out get-well cards and notes to those people who are under the weather for whatever reason.



Senior Center Salon Services w/

Jeanna Prink (Tracy Kelley & Jillian Labonne)

Hair cuts \$8.00 Wash & Set \$10.00

Perm \$45.00 Perm w/Set \$55.00

Color \$45.00 Color w/Set \$55.00

Facials \$8.00 Waxing \$5.00

Manicures & Pedicures \$ 10.00

Appointments are required & gift certificates are always available.

Check the newsletter for Jeanna's "Spa Days"

Tag Sale



Lebanon Senior Center
37 R West Town Street
Saturday May 7
9:00-2:00

*Stop in at the Senior Center for great deals on
jewelry, household items and craft supplies.*

Tons of rubber stamping supplies!!

All Proceeds Benefit programs for Seniors

Clean out your closets, garage and attic!!

Donations can be dropped off at the Senior Center

Wednesday 5/4 through Friday 5/6

From 9:30-3:00

No clothing please!!



**Sponsored by Friends of the
Lebanon Senior Center**
*Books for Sale to Benefit the
Jonathan Trumbull Library*

A Gift for the Family

Tuesday May 17

Lebanon Senior Center

12:45pm (after lunch)

Join us in a discussion lead by the local Clergy on how to prepare your final arrangements.

- **How to start the conversation with your family**
- **Wills**
- **Advanced Directives**
- **Service Planning**

Invited guests include the Town of Lebanon Sexton, Cremation Society of Connecticut, Attorneys Renee & Tim Wentworth and local Clergy members.

Join us for lunch (12pm, \$4) or just stop by. Please call 860.642.3040 to save a spot for lunch.



Happy Mother's Day



Crabby Road

5-11-12

It's not easy being a mother these days ... Texting in all caps just doesn't have the same impact as good, old-fashioned YELLING!



©Hallmark Licensing, LLC

Maxine.com

Maxine
Crabby Road

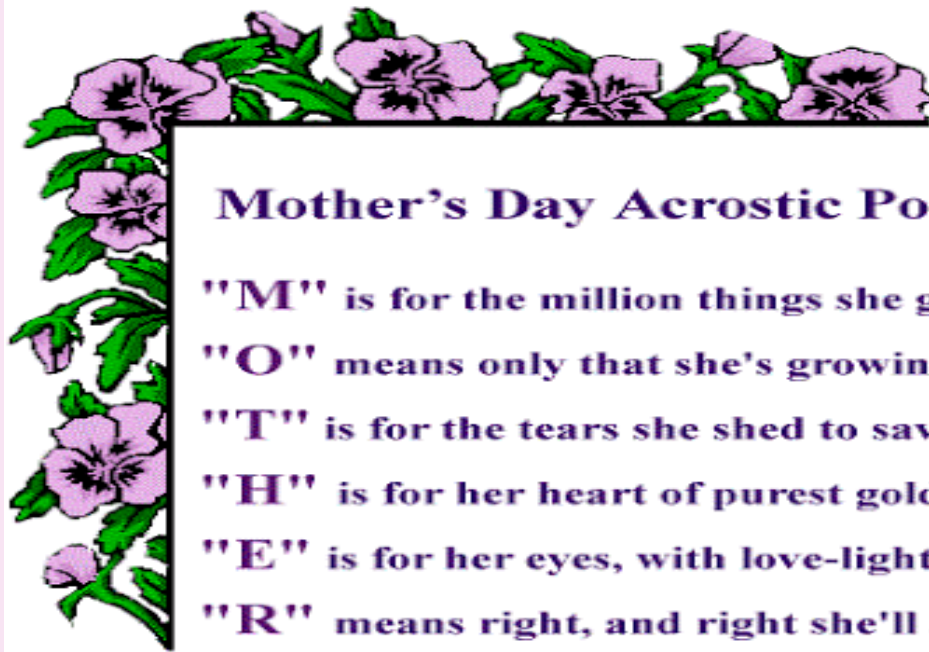
5-9-13

Want your kids to call you on Mother's Day? Post something embarrassing about them on Facebook.



©Hallmark Licensing, LLC

www.facebook.com/maxine maxine.com



Mother's Day Acrostic Poem

"M" is for the million things she gave me,
"O" means only that she's growing old,
"T" is for the tears she shed to save me,
"H" is for her heart of purest gold;
"E" is for her eyes, with love-light shining,
"R" means right, and right she'll always be,

Put them all together, they spell "MOTHER,"
A word that means the world to me.



LebanonJr/Srs Present!



NY YANKEES VS BOSTON RED SOX

At the New Yankee Stadium, New York City

Saturday, July 16, 2016

Bus Departs Lebanon Senior Center: 10:15 am

Cost Per Person: \$130.00

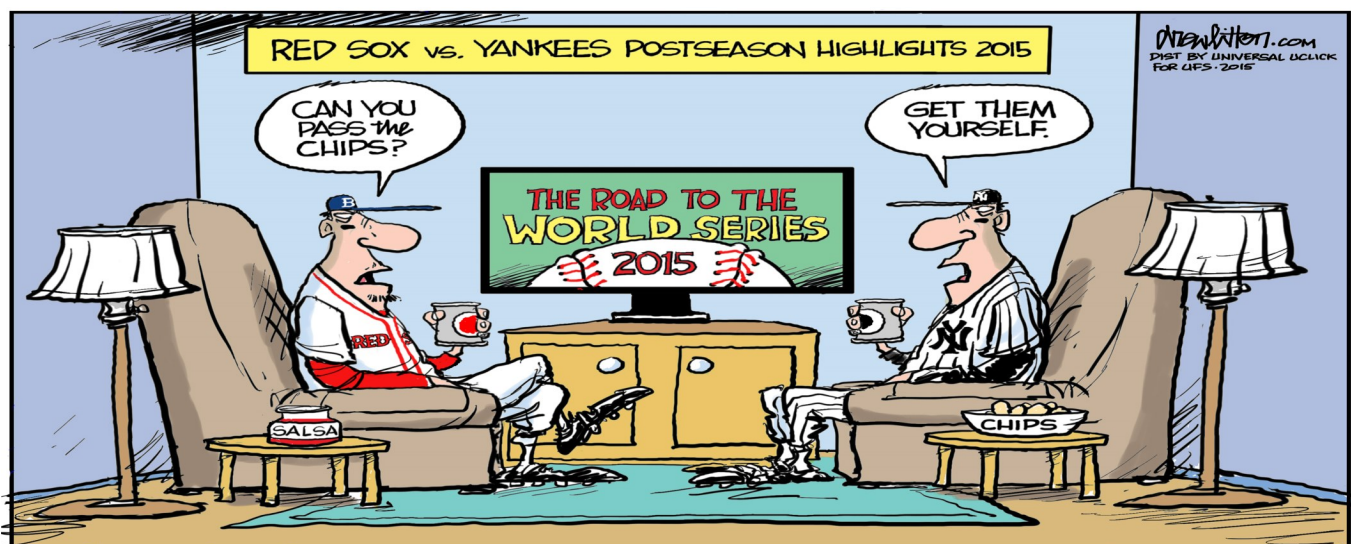
For Ticket in Section #106 Grand Level and Bus Transportation!

Money Due by June 4th, 2016

Please Make Checks Payable to LEBANON JR/SR TRAVELERS and Mail to:

**Marion Russo at 280 Beaumont Highway,
Lebanon CT 06249 or Drop Off Checks at the
LEBANON SENIOR CENTER**

For Information, please call MARION at 860-423-7659 or email mrusso03@snet.net



Great deals to be found at May 7 tag sale

By "Alex" Bud Gavitt

Deals await shoppers of all ages at the Lebanon Senior Center's annual tag sale to be held on Saturday, May 7 from 9 a.m. to 2 p.m. This fundraiser is conducted by Friends of the Lebanon Senior Center whose president is Ed Hathaway.

Last year the tag sale raised \$2,000, a record high. All proceeds are used to benefit programs for seniors. Books sold benefit the Jonathan Trumbull Library.

Many of us have started spring cleaning closets, bureau drawers, attics, and garages. With the exception of clothing, unneeded items can be dropped off for this year's tag sale at the Center on Wednesday, Thursday, or Friday May 4-6, from 9:30 a.m. to 3 p.m.

Types of donations accepted are jewelry, household items such as vases, dishes, coffee pots, silverware, TV's, and kid's bikes. Also, craft and rubber stamping supplies, yarn, music CD's, and books.

Prides Corner donates a variety of plants from their Lebanon farm and Joan Merritt donates slips taken from plants in her garden.

Dottie Stevens and Marion Russo have been co-chairs of this event ever since the first tag sale was held at the Center. Dottie, who was a school bus driver in Cheshire for 25 years, and the first senior van coordinator, arranges items for display on tables along with the help of volunteers.

Marion, who plans out-of-state trips for seniors, prices the numerous items for sale. Betty Mackey is in charge of Grammmies Attic. Items can be paid for by cash or check.

During the tag sale shoppers can buy hotdogs, chips, soup, soda, coffee, or tea says Tim Rival of the kitchen staff.

According to Dottie, posters advertising the tag sale have been put up in the Lebanon post office, library, Town hall, and Bender's gas station. An ad has also appeared in Lebanon Life, a monthly publication.

One customer commented that last year's display of items was the nicest set up she had ever seen at a tag sale.

"Holding tag sales are a great Yankee tradition," says Lebanon Senior Center director Darcy Battye. "Buyers," she continues, "can find great bargains on the many items there. It's a great way for recycling items. Unsold items are donated to Goodwill in Norwich."



Lebanon Jr/Srs Present!



Celebrating The BIG E Centennial 1916 - 2016
Springfield, MA

Wednesday, September 21, 2016

CONNECTICUT DAY!

**Bus Departs Lebanon Senior Center: 8:45
am**

**Cost Per Person: \$38.00 (Based on 35
People)**

For Ticket & Bus Transportation

Money Due: August 10, 2016

**Make Checks Payable to LEBANON JR/SRS & Mail to
MARION RUSSO,
280 Beaumont Hwy., Lebanon, CT., 06249 or Drop off at
the Lebanon Senior Center**

**For more Information, please call Marion at 860-423-7659
or email: mrusso03@snet.net**



Seniors On The GO!



Junior Seniors Travel News

May, 2016

By Anne Maffiolini

FRIDAY, JUNE 3 - If you are 90 years of age or above, **YOU'RE INVITED TO A SPECIAL BIRTHDAY CELEBRATION at the Lebanon Senior Center, 37 R West Town Street, Lebanon from 2:30 p.m. to 4:30 p.m. PLEASE RSVP BY MAY 25, 2016.** Call Marion at 860-423-7659 or email mrusso03@snet.net

We hope you can join us!

Goodspeed Opera House and Gelston House Lunch - Wednesday, June 15th - \$99 per person includes tickets to the show, transportation and a 3-course meal. Money is due by May 4th. "Anything Goes", A COLE PORTER MUSICAL, is the story about madcap antics aboard an ocean liner bound from New York to London. Billy Crocker is a stowaway in love with heiress Hope Harcourt, who is engaged to Lord Evelyn Oakleigh. Nightclub singer Reno Sweeney and Public Enemy #13 Moonface Martin aid Billy in his quest to win Hope. The musical introduced such songs as "Anything Goes", "You're the Top", and "I Get a Kick Out of You."

NY Yankees vs. Boston Red Sox at the New Yankee Stadium NYC - Saturday, July 16, 2016. Cost Per Person is \$130 for ticket in section #106 Grand Level and Bus Transportation. Bus Departs Lebanon Senior Center at 10:15 a.m. Money is due by June 4.

Newport Playhouse and Cabaret Dinner Theater Lobster Festival - Monday, August 8, 2016 - \$83.00 Per Person with payment due by July 1. Departure from the Lebanon Senior Center at 9:30 a.m. Price includes bus, tips, dinner, cabaret and a hilarious play offering a Texas theme and a taste of good old down South humor. Look for the flyer with all the details.

Big E - Springfield, MA - Wednesday September 21, 2016 Cost is \$38 per person provided we have 35 signed up to go. This includes ticket and bus transportation. This year the Big E is celebrating their 100 year Centennial and our trip is planned for Connecticut Day as well. Bus departs Lebanon Senior Center at 8:45 a.m. Money is due August 10, 2016.

Ireland/Scotland/England - a possibility for 2016 OR 2017 ???

For more information on any of the trips, please contact Marion at (860) 423-7659. Make checks payable to Lebanon Jr/Sr Travelers. Payment may be left at the Lebanon Senior Center or mailed to Marion Russo, 280 Beaumont Hwy., Lebanon, CT 06249.



Senior Wellness Trips

May, 2016



Friday, May 13th, 2016

Ringling Bros. Barnum Bailey Circus





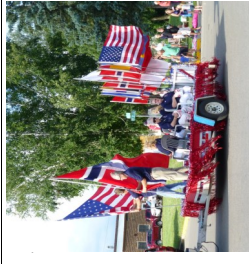
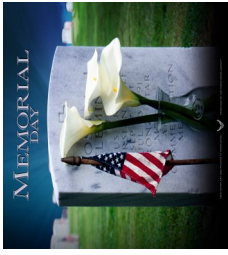
Friday, May 20th, 2016

Groton Ct. Submarine Museum

Lunch at Seehund German Pub Restaurant

New London Ct.

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 9:30 Exercise Class 10:30 Knitting 12:15 Bingo 3:00 Line Dancing	3 9:30-2:30 Pedi/Hair 12:00 –Lunch-Soup Day 12:30 -Hospital Indemnity 1:00 Pool/Mahjongg 7:00 Poker	4 9-1 Haircuts 9:30 Exercise 11-3 Massage	5 Tag Sale Setup 9-3 Mani/Pedi 9-12 Reflexology	6 Tag Sale Setup	
15 	9 9:30 Exercise Class 10:30 Knitting 12:15 Bingo 3:00 Line Dancing 6:30 COA Meeting	10 9:30-2:30 Pedi/Hair 12:00 –Chicken 12:30 Joys of Coloring 1:00 Pool/Mahjongg 7:00 Poker	11 9-1 Haircuts 9:30 Exercise 1-6 Blood Drive	12 9-3 Mani/Pedi 9:00 Yoga 10 Tai Chi 1:00 Setback	13 9:30 Exercise 11:30 Chair Yoga 1:30 Silver Sneakers Wellness—Circus 6:30 Bingo	14 YOGA 9:30 Massage Therapy 10:45—1:15 6:30 Poker
	16 9:30 Exercise Class 10:30 Knitting 11:00 VNA BP 12:15 Bingo 3:00 Line Dancing	17 9:30 Hearing Clinic 9:30-2:30 Pedi/Hair 10:30 Dr. Morgan 12:00 –Lunch– DaLonne 12:45 “Gift for Family” 1:00 Pool/Mahjongg 7:00 Poker	18 9-1 Haircuts 9:30 Exercise 11:00 Massage	19 9-6 Mani/Pedi 9:00 Yoga 10:00 Tai Chi 1:00 Setback	20 9:30 Exercise 11:30 Chair Yoga 1:30 Silver Sneakers Wellness—Sub Museum 7:00 Cabaret	21 YOGA 9:30 Massage Therapy 10:45—1:15
22 9:30 Exercise Class 10:30 Knitting 12:15 Bingo 3:00 Line Dancing	23 9:30 Exercise Class 10:30 Knitting 12:15 Bingo 3:00 Line Dancing	24 9:30-2:30 Pedi/Hair 12 pm Lunch—Baked Ziti 12 Massage Therapy 12 Sr Housing Update 12:30 “Still Picking” 1:00 Pool/ Mahjongg	25 9-1 Haircuts 9:30 Exercise 11-3 Massage	26 9-6 Mani/Pedi 9:00 Yoga 10:00 Tai Chi 1:00 Setback	27 9:30 Exercise 11:30 Chair Yoga 1:30 Silver Sneakers 6:30 Military Whist	
29 	31 9:30-2:30 Pedi/Hair 12:00 –Lunch-BBQ 12:45 Bingo w/ St Joe's 1:30 Friends Meeting 1:00 Pool/Mahjongg 7:00 Poker					Center Hours Mon—Fri. 9-4 Questions 642-3040